



## SHOPPING LIST

### **Pearl couscous with shrimp and courgette**

Vegetable stock | olive oil | sunflower oil | salt & pepper

### **Vietnamese minced chicken in little gem**

White wine vinegar | sambal | sugar | sunflower oil | olive oil | salt & pepper

### **Creamy spinach gratin with fried egg**

Olive oil | butter | salt & pepper

### **Mushroom burger with cheesy baby potatoes**

Olive oil | butter | extra virgin olive oil | white balsamic vinegar | mustard | honey | salt & pepper

### **Roasted tomato sweet pepper soup**

Olive oil | black balsamic vinegar | vegetable stock | salt & pepper

### **Orzo with fried shallots**

Vegetable stock | olive oil | butter | salt & pepper

### **Bulgur salad with kohlrabi and halloumi**

Vegetable stock cube | butter | black balsamic vinegar | extra virgin olive oil | olive oil | salt & pepper

### **Thai meal salad with beef strips**

White wine vinegar | sugar | brown sugar | sunflower oil | olive oil | salt & pepper

### **Pasta with ground chicken in cream sauce**

Olive oil | salt & pepper

### **🍷 German steak with spicy sweet potato puree**

Vegetable stock | olive oil | butter | milk | salt & pepper

### **🍷 Conchiglie with red pesto and feta**

Olive oil | black balsamic vinegar | extra-virgin olive oil | salt & pepper

### **🍷 Warm potato salad with smoked trout**

Olive oil | extra-virgin olive oil | honey | salt & pepper

### **★ Potato pancakes with warm-smoked salmon**

Extra-virgin olive oil | white balsamic vinegar | honey | flour | sunflower oil | salt & pepper

### **★ Guinea fowl and grilled asparagus tips**

Vegetable stock | honey | olive oil | extra virgin olive oil | salt & pepper

## **BREAKFASTBOX:**

### **Banana pancakes**

Salt | butter

### **Full-fat quark with orange fruit**

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### **Crackers with goat's cheese**

Salt & pepper